

Begin Again

Rose Cousins

Slow, back to the light
Coming out of the dark
I can tell we're truly gonna be alright
Down, I was down so far
Savoring each breath I took when I thought that I would drown

But the air is clean on my new skin
Breathing in my heart remembers
We can always, we can always

Begin again
Begin again

Standing, a new start
Gathering pieces I didn't know I needed before I fell apart
And I am, I am in this moment
Moving free from all the pain of everything I have been
When everything is breaking, we descend
But when a fire left untended goes out
We can always

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We burn the world, we stand in flames
The fire goes out, we start again

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The air is clean on my new skin
Breathing in, my heart remembers
We can always, we can always

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