

I'll use you as a warning sign
That if you talk enough sense then you lose your mind
I got further than I thought I could
But I miss you more than I thought I would

I been dreaming of dying for so long
Not got the strength to hold on
To a life that only deserts me don't think that I'll make it to thirty
All I got is this wasted potential don't know why it's got it's hands round
my throat
So I take out a pen and paper and I write them a note
"I'm sorry I'm leaving, and if you need a reason
I ain't got the strength no more to fight this war or to battle with these d
emons
I guess they won, I'm sorry, I'm done."

Kid you don't me but I swear I know you
All of the things that you been through well I been through them too
I know every battle that you fought and lost in your head
And I know what happens when you finally go and get help
Seen you become someone else, you got a future with things that you do
I've seen your family wish I could show them to you
You gotta promise me you'll never give up
Cos you ain't fighting for you, no, you're fighting for us

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No you don't know what I've done
Unforgivable things when I'm young
I've driven drunk I've stolen money for drugs
I broke the heart of somebody who was just trying to love me
And she was screaming I was leaving so detached from my feelings
Cutting all family ties cutting into my skin just to feel alive
Cut another line with another card that I maxed out, till I pass out
I don't wanna be here now, so don't tell me it's true
Cos I've been lied to everyone but I can't be by you

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There's a family pattern, a reason it happened
You were only a kid when they did what they did
You weren't protected, got rejected, and then you got abandoned
It made you feel like you don't matter but it ain't true
Re-enacting patterns of attachment ain't your fault that it happened
But now you... You gotta promise me you'll hold on
So you can come back here one day and write us this song