Built these walls around me so they never see me fall
A Boy made of stone I was unbreakable
How was it you found me broken branch amongst the trees
Even at my darkest you still wanted me
Lost or Found
Now i can

Breathe
You open up my eyes
I see
You are the everything
I need
All this time I was lost
You finally found me

If I could tell the younger naive version of myself
There's nothing I could tell you that you don't know yourself
The wheels are always turning
Hearts are always lost or found
Now I can

Breathe
You open up my eyes
I see
You are the everything
I need
All this time I was lost
You finally found me

Running at the speed of light
I wanted to protect myself and hide away
You helped me to shed the past
Now I don't have to ask if I am lost or found
I found my ground, now I can

Breathe
You open up my eyes
I see
You are the everything
I need
All this time I was lost
You finally found me

Oh you found me I'm not lost anymore You finally found me