I've been burning
The candle at both ends
And running myself more ragged
Than a Raggedy Ann
I couldn't read the writing
On the wall
Until I hit that wall
And that was no help at all

I've been learning
All my lessons the hard way
And nursing the exit wound
From a near fatal mistake
You could say it was time
For a wake up call
I never did get that call
There was no help at all

Won't somebody tell me
What these eyes are for
I can't see a light any more
I can't see a light any more
It gets lonesome in that valley
Well, you're on your own
You've got to go it alone
You've got to go it alone

I've been burning
All my bridges and contacts
And running the risk of losing
All you can never get back
If I'm shooting myself in the foot
I'll crawl
I'm willing to take that fall
I'll do it with no help at all

I never did get that call
Man, there was no help at all
There was no help at all
There was no help at all
No help at all
There was no, no help at all

I've been burning
The candle at both ends
No help at all
There was no one around
No help at all