

I'm in my head like I'm stuck on an island
Just me, myself and I
Tryna find some other sign of life
It might look like I'm sittin' in silence
I'm just tryin' to survive
In my mind, I'm screamin' out inside

SOS, can anyone hear me?
I'm too stressed, I'm not thinkin' clearly
Try my best to not let it kill me
I really need somebody
Send some help, the days gettin' longer
I'm so tired of fightin' the monsters
Someone pull me out of the water
I really need somebody

Lookin' out at the lonely ocean
Tied in and I'm losin' hope
Gettin' cold, and I'm tryin' not to show it, no
I just wanna run away, I just wanna hide
Would anybody notice if I disappeared tonight?
In my mind, I'm screamin' out inside

SOS, can anyone hear me?
I'm too stressed, I'm not thinkin' clearly
Try my best to not let it kill me (I need, I need)
I really need somebody
Send some help, the days gettin' longer (The days gettin' longer)
I'm so tired of fightin' the monsters (Fightin' the monsters)
Someone pull me out of the water (Out of the water)
I really need somebody

Tell me I'm not alone
Out in this sinkin' boat
Please, say there's still some hope
I really need somebody
Tell me, "It's all okay"
Hold me 'til I feel safe
Before I drift away
I'm sendin' out an SOS

SOS, can anyone hear me?
I'm too stressed, I'm not thinkin' clearly (I'm not thinkin' clearly)
Try my best to not let it kill me (I need, I need)
I really need somebody