

Everybody needs a true north,
A safe place to rest their head and,
I'll be home in due course,
If you let me sink my teeth in.
So just let me sink my teeth in.
The pressure weighs and finds a way,
To cut my stride, increase the pain,
Distract, react, demotivate, procrastinate.

In my head I debate,
All my thoughts and their weight,
But over-thinkings trying,
My head keeps lying.
I'll see through the other side,
And reassure myself that I'll be fine.

I woke up in the same bed that I've been in for years,
And this ringing in my ears feels more like home than it did be
fore.
I just found a way to waste my time,
Let this fall in line,
Gotta find a new place for me to hide,
You were my safeguard, but I'm fine.

I thought the weight on my shoulders would lift when I'm older,
But it grew and took over my head,
It left me blind and indifferent to working through distance,
and now all I see is red.

I woke up in the same bed that I've been in for years,
And this ringing in my ears feels more like home than it did be
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I found a way to waste my time.
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