

Surfacing

R.LUM.R

I can make a home of undertow
So I don't have to choose
Let it take me anywhere it goes
Tell me I'm of no use
Well, I'm used to being underneath
The riptide and rising sea
Of general anxiety
It makes me not like me
I want to be more than this
Tendency to resist
The tide that tells me to fix
What I don't want to be

Spent so long under water
Forgot how it feels to breathe
Used to be autonomic
But something came over me
Maybe a tidal wave or the moon and its gravity
Whatever, it doesn't matter
I feel like I'm surfacing

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Tryna to stay afloat and not look down
Don't know what I'll see
But anytime my feet can't touch the ground
I start panicking
'Cause it feels like it's bottomless
Drowning my confidence
Navigating out of it
Is the hardest thing for me
But if I'm at the bottom with
The rocks and my promises
How can I be honest with
The man I want to be?

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