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When the world is coming down on you
And your back's against the wall,
Change the glass that you've been looking through,
It's really half full after all.
If you feel like giving up, (giving up)
If you feel you've had enough,
Let it go,
Don't you know
You can come and kick the bottom out, (bottom out)
Stomp your feet, scream and shout, let it go, let it go.
It's bever quite as bad as you think it is,
'Cause ev'ry bad day turns around. (round, round, round)
Forgive yourself for all the things you did,
The vertical man don't lay down. (down, down, down, down, down)
If you feel like giving up, (giving up)
If you feel like you've had enough,
Let it go,
Don't you know
Come on - kick the bottom out, (bottom out)
Stomp your feet, scream and shout, let it go, let it go.
And when the sun comes shining through for you,
You'll discover even rainbows have the blues.
Yes, i know, it's not news to you,
Am i getting through to you?
If you feel like giving up,
Don't you know, life is tough
Let it go, don't you know?
Come on, kick the bottom out,
Scream and shout, let it go, let it go.
When you feel like giving up, (giving up)
When you feel like you've had enough,
Let it go, let it go.
0o-oo, let it go,
00-00, let it go,
Kick the bottom out, scream and shout.
00-00, let it qo,
Kick the bottom out, stomp your feet, scream and shout. (yeah, yeah, yeah)
Kick the bottom out, stomp your feet, scream and shout. (yeah, yeah, yeah)
Kick the bottom out, stomp your feet, scream and shout. (yeah, yeah, yeah)
Kick the bottom out, stomp your feet, scream and shout. (it's up to you)
Kick the bottom out,
Kick the bottom out,
Kick the bottom out.
Scream and shout! Oh!
(it's the vertical man - the vertical man- out!)
(it's the vertical man - the vertical man- out!)
(it's the vertical man - the vertical man- out!)
(it's the vertical man - the vertical man- out!)
(it's the vertical man - the vertical man- out!)
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(it's the vertical man)
(out!)