

These days are so cold
I'm moving in slow motion
No one is watching me drown
My head out the window
I'm still looking in though
Trying my best to calm down
New reality. Yeah

I don't feel like myself right now
Have a little patience
I don't feel like myself right now
Have a little patience

Is it in the red
Is it in my head
Is it in my body or my mind
Oh, my God

I can't even find a tiny strand to pull
There's no stone unturned of flame unburned
There's no page unread or lesson learned
I tried it all. Yeah

These days are solo
No strangers, just old ghosts
My smile doesn't cover my frown
Tethered to old hopes
I float and I spin out
I'm trying my best to come down
To reality. Yeah

I don't feel like myself right now
Have a little patience
I don't feel like myself right now
Have a little patience

Is it in the red
Is it in my head
Is it in my body or my mind
Oh, my God

I can't even find a tiny strand to pull
There's no stone unturned of flame unburned
There's no page unread or lesson learned
I tried it all. Yeah