

Seasons

Rhys Lewis

We all go through seasons
We're changing all the time
It can't always be summer
Even in July
So however cold you're feeling
However grey your mind
Spring will be here soon
It's okay to be blue
We all go through seasons

You don't judge a lake for freezing over
You don't curse the leaves for turning brown
You don't blame the days for getting shorter
So why'd you blame yourself for getting down?

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Blinded by the rain, it's hard to picture
The day that you'll see blossom on the ground
But try to keep your faith warm in the winter
And trust that there's a sun above the clouds

And soon they'll be light in the shadows
Where flowers are waiting to grow
And I know that the darkness is lonely
But remember you're not on your own
We all go through seasons

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