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Do you recognize this?
There's a spring in my step as I walk through the door
Do you know it at all?
My feet are lighter than before
I don't know if you've ever noticed
But I've forgotten my breathing since he let me go
And now I think I
Can see with my eyes
I'm growing my wings
So I could fly
I can feel a change in me
I'm dancing with my bare feet on the ground
I've never ever felt this free, oh
I feel it inside
It's pounding in my chest
It's crawling out of every open wound on my flesh
What is this feeling?
What is this feeling?
What is this feeling?
Could this be, oh
What is this feeling?
What is this feeling?
What is this feeling?
Could this be, oh
Can you explain this?
There's a grace in my walk as my heels hit the floor
Do you have a name for this?
When you feel like you're floating away
But it's so hard to say what it is
I don't know if you've ever noticed
The rush of blood to my face, wherever you go
And now I think I
Can see with my eyes
I'm growing my wings
Just so I could fly
And I can feel a change in me
I'm dancing with my bare feet on the ground
I've never ever felt this free, oh
I feel it inside
It's pounding in my chest
It's crawling out of every open wound on my flesh
What is this feeling?
What is this feeling?
What is this feeling?
Could this be, oh
What is this feeling?
What is this feeling?
What is this feeling?
Could this be, oh
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And I never wanna lose this feeling

I just wanna keep on flying above all the city lights, high And I have always gone believing
That if I keep a good head and a good heart
Then I won't fall down
And I never wanna lose this feeling
I just wanna keep on walking on clouds
Hear the truth from my mouth
And I have always gone believing
That if I keep a good head and a good heart
Then I won't fall down

And I can feel a change in me
I'm dancing with my bare feet on the ground
I've never ever felt this free, oh
I feel it inside
It's pounding in my chest
It's crawling out of every open wound on my flesh

What is this feeling?
What is this feeling?
What is this feeling?
Could this be, oh
What is this feeling?
What is this feeling?
What is this feeling?
Could this be, oh
Could this be, oh
What is this feeling?
I don't know
Could this be, oh