

So here's another fuck you  
Fuck you  
Fuck you  
With all my other fuck you's  
Fuck you

I don't express negative feelings very well  
And as a consequence I'm going through hell  
On the daily... maybe it's my fault?  
That's what I'm reading on the internet  
These memes have got me all figured out

Saying shit like "set some healthy boundaries"  
And "stop all of your people pleasing"  
"It's the reason you've been stressing out"

So here's another fuck you  
Don't you tell me what to do  
Too old for this shit, I quit  
Taking it from fucks like you  
And maybe one day  
I might say it to your face  
Instead of swallow it down like soju

I have some difficulties try'n to say no  
And if I don't set healthy boundaries I'll break under the load  
Don't have time for it, too obvious, the feeling brought you home  
What a way to grow up empty, you're just here to let me know

Cause I've been living like dirt stuck up in your bulldozer  
Feel like such a damn pushover  
Wish I could stick up for myself

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