

So here's another fuck you
Fuck you
Fuck you
With all my other fuck you's
Fuck you

I don't express negative feelings very well
And as a consequence I'm going through hell
On the daily... maybe it's my fault?
That's what I'm reading on the internet
These memes have got me all figured out

Saying shit like "set some healthy boundaries"
And "stop all of your people pleasing"
"It's the reason you've been stressing out"

So here's another fuck you
Don't you tell me what to do
Too old for this shit, I quit
Taking it from fucks like you
And maybe one day
I might say it to your face
Instead of swallow it down like soju

I have some difficulties try'n to say no
And if I don't set healthy boundaries I'll break under the load
Don't have time for it, too obvious, the feeling brought you home
What a way to grow up empty, you're just here to let me know

Cause I've been living like dirt stuck up in your bulldozer
Feel like such a damn pushover
Wish I could stick up for myself

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