

# Bad Decisions

RedHook

I'm a fucked up mess, feeling angry and depressed  
I make bad decisions, I make bad decisions

Oops, I did drugs again last night  
My younger self would be mortified  
'Cause Captain Planet told me to say no  
Oh, what happened? When did I grow into a

Fucked up mess, feeling angry and depressed?  
I make bad decisions, I make bad decisions  
I'm in so much debt, so I'm getting off my head  
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Shit, why did I get drunk again?  
And get it on, yeah, with all my friends?  
Got with my best friend and his roommate too  
And his roommate's girlfriend  
Hey, head, what's wrong with you?  
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Okay, now please don't think I'm tryna glamorise all of the shit that  
I despise about myself  
'Cause my mental health is tenuous at best from all the pressure and  
the stress of other people's expectations  
I'm crushed by the weight, so I self-medicate to escape  
Then I just make more mistakes, can't break this stupid cycle of self-  
hate

These are my confessions  
Someday I'll learn my lesson  
These bad decisions haunt me  
But they make good stories

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