I don't mean to, to alarm you Can't you see now, it overtakes you You're declining, disintegrating You're gonna lose it all This time you're wasting

Breathe in, breathe out Breathe in, breathe out Breathe in, breathe out Blackout Let your panic out

Let it out, let it out
Release the panic
Oh, release the panic
Get it out, get it out, get it out
Release the panic
Oh, release the panic

'Cause you're trapped in the countdown And your days are numbered Don't you know that you're done for Right now, lights out Let your panic out

You can feel it, but you're ignoring
It creeps upon you, without a warning
You think you're thriving
But you're decaying
You're gonna lose it all
There's no escaping

Let it out, let it out
Release the panic
Oh, release the panic
Get it out, get it out, get it out
Release the panic
Oh, release the panic

'Cause you're trapped in the countdown And your days are numbered Don't you know that you're done for Right now, lights out Let your panic out

Feel it slip away, slip away You know you're done for You're done You can't get away, get away You know you're done for You're done for

Let it out, let it out
Release the panic
Oh, release the panic
Get it out, get it out, get it out
Release the panic

Oh, release the panic

Let it out, let it out
Release the panic
Oh, release the panic
Get it out, get it out, get it out
Release the panic
Oh, release the panic