Confession (What's Inside My Head)

I feel fine And I can't smile But I feel the anger coming Its underneath I don't know why It's always overflowing It's a constant fight Deep inside And I wanna forget it

I confess I'm always afraid always ashamed Of what's inside me I confess I'm always afraid always ashamed Of what's inside my head

And I can't breath And I still feel But not the way I want to I'm on the edge I don't' know how I can escape this nightmare

I confess I'm always afraid always ashamed Of what's inside me I confess I'm always afraid, always ashamed Of what's inside my head What's inside my head

Wasting away is part of my instinct I'll runaway, everything I hate Take this away, help me escape Take this away I confess, Innocence! Innocence! Innocence!