

# Is There Life After Breakfast?

Ray Davies

Lift yourself out of the doldrums  
Make yourself a cuppa tea  
Drag your emotions out of the gutter  
Don't wallow in self pity

When you wake up, all of a fluster  
Thinking life has passed you by  
Give yourself a kick up the backside  
Jump out of bed and punch the sky

Is there life after breakfast  
Full of possibilities  
Is there life after breakfast?  
Yes there is, after breakfast  
So don't live in agony  
Is there life after breakfast?  
Yes there is, after breakfast

Cheer up son, put on the kettle  
There's no point in being glum  
Make your mind up, try to forget her  
Boil the tea and I'll be mum

Is there life after breakfast?  
Yes there is, after breakfast  
So don't live in agony  
Is there life after breakfast?  
Yes there is, after breakfast

After breakfast  
Life after breakfast  
After breakfast

Just because all of the plumbing  
Isn't all it used to be  
Turn the tap, see, a little bit's coming  
That must make you feel relieved

Don't turn into a total embarrassment  
To your friends and family  
Get out of bed, the whole day's ahead  
So take the pills and drink your tea

Is there life after breakfast  
Full of possibilities  
Is there life after breakfast?  
Yes there is, after breakfast  
So don't be so depressive  
Is there life after breakfast?  
Yes there is, after breakfast

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Full of possibilities  
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Yes there is, after breakfast  
Is there life after breakfast?  
Is there life after breakfast?

Put the kettle on, mate