Young man won't you sit down
I'll road map how shit goes down
Gather recipes from far and wide
Make 'em your own and enjoy the ride
When the weight keeps you awake
Ask yourself today

Can it eat ya? Can it eat ya?
Can it literally eat ya?
Can it open its jaws and put your head between its teeth?
Like an orca or a grizzly? No? Then if so, this probably means
This problem you got is not out of your league to defeat

You can take it right on, take it right on, take it right on Take it right on, take it right on Take it right on, take it right on

Ya ah eh! Ya ah eh!

Old man I sit here now
The same spot you sat me down
Times past, I think of you
Your words ring through clear and true
When the weight keeps you awake
Ask yourself today

Can it eat ya? Can it eat ya?
Can it literally eat ya?
Can it open its jaws and put your head between its teeth?
Like an orca or a grizzly? No? Then if so, this probably means
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Ya ah eh! Ya ah eh!