```
Like a brick wall to my face
The morning fell and I tried to get out of bed
As best as I could
And I drank my coffee hot and I don't like it hot
I burned my face and I lost the taste
I do that a lot
My kids are breaking my balls, what I hang out to dry
And my hangover ain't helping me much
I'm just numbing my time
And I'm willing to try to remember the why's
But memories, well, they fuck me as they fly on by
They do, you know
Oh, and the parrot says what? (Parrot says what?)
Yeah, exactly, man, that's what a parrot does (What the parrot does)
Is what the parrot does
And then the parrot says what? (Parrot says what?)
Exactly, man, that's what a parrot does (Is what the parrot does)
Is what the parrot does
Like puberty and magazines (Oh)
From growing pains to insanity
Yeah, insanity and beyond (Yeah)
They say old friends, they will never die (Oh)
They're like memories
Well, I told you about my memories, now didn't I? (Yeah)
You better shoot 'em all down on a happy family album
Shoot 'em all down for me
Shoot 'em all down, so I can keep 'em like
Keep 'em like they used to be, hey
And then the parrot says what? (Parrot says what?)
Yeah, exactly, man, that's what a parrot does (Is what the parrot does)
Is what the parrot does
And then the parrot says what? (Parrot says what?)
Exactly, man, that's what a parrot does (Is what the parrot does)
Is what the parrot does
Your first mustache and DVDs
Your pubic hair and then the little bees
A safe haven, no identity
We're all the same and then you disagree
The way you throw words back at me
Oh, you're oh-so clever and so naive
You can yell all you like, but I will never leave
The parent says what? (Parent says what?)
Exactly, man, that's what a parent does (Is what the parent does)
Is what a parent does
Oh, man, the parent says what? (Parrot says what?)
Exactly, man, that's what a parent does (What the parent does)
Is what the parent does
He won't leave
Oh, the parent says what? (Yeah, the parent says what?)
Yeah, exactly, man, that's what a parent does
He will never, ever leave, that's what, that's what
```

The parent says what? (Parent says what?)
The parent says, "I will never leave
Even if you hate my guts, hate my guts"

Shoot it all down on a happy family album
Shoot it all down for me
Shoot 'em all down, so I can keep 'em like
Keep 'em like they used to be, hey
Shoot 'em all down on this happy family album
And you keep it in line for me
Yeah, raising kids is just a game
But what do I know? What do I know? What do I know?
Practice is my middle name