Good morning your highness It's another gorgeous day Another new beginning I've prepared your spiritual breakfast and hot beverage While you slept your cells restored all the organs in your body And your systems to their full capacity So sit up take a deep breath of golden light A gift from the universe And bless yourself With the vibration you need To meet this day You are tuned in and turned on To who you really are You have a unique and important purpose A mission your soul has come here to discover It's another day of the adventure With every day you've already completed In an eternal journey that has brought you here To this present moment So let's honour it By taking nine breaths and leaning in to each word While we exhale Ready? Breathe in Hold Perfect Powerful Strong Loving Harmonious Happy Brilliant Beautiful Pause at the bottom of the breath And feel the magical life force Moving through your limbs Yes! You are blessed Today is a great day Today the value of my thoughts determines how I feel If I catch myself thinking negatively I know it's only leftovers from the old me Filtering out the programs I no longer need I have a magical vortex full of things that I desire And I'm actively manifesting I allow new ideas to flow to me directly from the universe Along with abundance which flows easily The more I acknowledge my gratitude For things I already have I am tuning myself to the frequency of my own greatness Of course challenges are going to show up Because I'm picking up momentum now Moving forward on my path When I encounter something that doesn't feel good I will simply notice it, watch it Remember to breathe

And say thank you to my guiding system

That allows me to adjust, pivot And upgrade further I'm clarifying what I want And what will bring me the most joy I'm surprised to find the outcome is often something better That I could even imagine for myself I really am that bitch! My vibration is a magnet Attracting and pulling blessings into my life All I have to do is be a vibrational match to what I want Find the feeling of already having it And hold I'm so grateful to be an extension of God To know my purpose Which may not be perfectly clear today But is absolutely already mine I enjoy this journey Feeling impulses from what I'm ready for Staying present Surrendered And loose