

To break these walls the mind just needs to flow now
To be seeded down in love it takes some time
See rainy days and shiny ones they work now
Because both do have its purpose for it to be yeah

Sow loving
Sow loving
'Cause if I have today, will I let sorrow flow
What will I do right now for me to show you something more
I'll show you some loving yeah

To get out your box the mind just needs to grow now
You receded down to nothing it's alright
And you look at the hour underestimating power
It shows you something more than you can never see with eyes
'Cause they both do have its purpose for it to be ha

Sow loving
Sow loving
'Cause if I have today, will I let sorrow flow
What will I do right now for me to show you something more
I'll show you some loving yeah

Gotta move on, and sow your love
Time could change now
Just sow your love
The Spirit upon me