

It's A New Year (Don't Be So Hard On Yourself)

Punchline

It's a new year for better or worse
All the champagne has turned into hurt
But as long as it worked
You could say we celebrated

What's the difference
The earth made a lap
Around the sun so
We bought pointy hats
And talked of the times
It took to get from here to there

Let's not knock it
Cause we're still here
You never know this could be your year

Won't be so hard on ourselves this year
When the inevitable goes wrong
We watch the good all disappear
But isn't that the point, isn't that why we're all here?
Don't be so hard on yourself this year

If you can't quit
Maybe it's not the time
But consider, what is it behind
All the habits you have
Do they stem from somebody or something else?

Please don't knock 'em
Cause we're still here
You never know this could be your year

Won't be so hard on ourselves this year
When the inevitable goes wrong
We watch the good all disappear
But isn't that the point, isn't that why we're all here?
Don't be so hard on yourself this year

Calm down
Baby just calm down
Take a deep breath
Take it all in
We all gotta do this, yeah

Won't be so hard on ourselves this year
When the inevitable goes wrong
We watch the good all disappear
But isn't that the point, isn't that why we're all here?
Don't be so hard on yourself this year