Man I'm really panic'n Feel'n plastic like manikin So please pass me the Xanax I'm just trying to feel like me again Recently I've been needing reasons To even get out of bed The more I think the less I feel Imprisoned'd[?] inside my head Can't escape cause there's nowhere to run Should I Should I[?] go right into the sun I feel like Giving up am I the only one A matter of time Til' there design will kill everyone It has begun [Chorus x4:] Count down 3,2,1 It's the end of the World (Destruction...) Count down 3,2,1 It's the end of the... Please god help me Please god help me Maybe I've been trying to cope All is lost A loss of hope I don't really care no more Even since that I've awoke Everything is such a joke When you can see through the smoke Find yourself against the rope Now they got you by the throat It's all just too much to bear Is there anybody there Can somebody hear me screaming Anybody, Anywhere How can I Live like this Close my eyes Clutch my fist Nervous twitch I'm alive Yet somehow I don't exist [Chorus] Nothing but an empty shell My body a prison shell All these thoughts surround me Seclusion inside of my own head All of this darkness

Holding me hostage

Repetitious nonsense Every second constant The [?] plan [?] No foreign progress [?]

[Chorus]