Crossing the line again, it's all fundamental Feeling like there's got to be a way to control But some people keep to themselves And with a little luck it goes away with in time Pushing everybody out the way so get the fuck away Pushing everybody out the way inside Of me there's a place I keep it's so sentimental I create to watch you all from inside

Take a deep breath because it's time, I gotta let it out
Let you know, way too much inside
Impurities they shape and mold you
You better run, you better open your eyes
Listen to what the fuck I gotta say
What the fuck you say?
Listen to what the fuck I gotta say , one time
Self-control I don't wanna indulge you
So I guess I'll keep taking my time

This is the life you lead, you're so sentimental Hold your tongue, you gotta keep it inside But you gotta be so damn sentimental Too sensitive, I gotta keep it inside

Always ending up at the place that I start
Running around in circles for sense of control
I know that better days are coming
Open the treasures their hidden inside
Counting all the lies along the way count 1, 2, 3
Count another lie, look it up it's mine
This monster's almost grown
This anger's not my own

This is the life you lead, you're so sentimental Hold your tongue, you gotta keep it inside But you gotta be so damn sentimental Too sensitive, I gotta keep it inside

So take away my sun
My only means of shelter
I'll try again
Well I'll try harder
Chew it up and swallow
Push it down inside
Chew it up and swallow
Push it down inside

This is the life you lead, you're so sentimental Hold your tongue, you gotta keep it inside But you gotta be so damn sentimental Too sensitive, I gotta keep it inside

This is the life you lead, you're so sentimental Hold your tongue, you gotta keep it inside But you gotta be so damn sentimental Too sensitive, I gotta keep it inside

This is the life you lead Flowing, flowing Flowing, flowing