Trying just to understand, trying just to make it Won't you just give a hand, try and not break it Been hard to do it on my own, even harder just to ask for this. Swallow all the pride I've shown, Wrap it up in a tight fist.

I don't wanna be like that no more
I'm gonna break this silence
I don't wana be like that no more no.

Lets cut to the chase now, to figure it all out Trying just to make this the best that I know how. Been hard to do it on my own, even harder just to Ask for this, swallow all the pride I've shown Lift it up in a tight fist.

I don't wanna be like that no more,
I'm gonna break this silence
I don't wanna loose my self control no
I don't wanna be like that no more
I'm gonna break this silence, silence, silence.

Every time I turn around and pass the buck Feels like a part of me is giving up. Every time I turn around and see myself I realise it goes on and on and on

I don't wanna be like that no more I'm gonna break this silence.