

Spring Cleaning

Pretty Balanced

It's time for spring cleaning I'm
Scrubbing the walls of my
Stomach with gallons of
Beautiful water and
As my digestives get
Shiny and empty my
Body gets slimmer my
Muscles get strong

It's time for spring cleaning it's
Time for spring purging it's
Time for starvation and
Happy delights it's
Time to go swimming it's
Time to go jogging it's
Time to eat slower and
Take smaller bites

The doctor is clueless he
Thinks I've caught something I
Refrain from telling him
What I've been at but I
Feel so much better than
When I was eating I
Feel so much cleaner and
So much less fat