How do I run away from my own mind? How do I see the world from somebody else's eyes? And how do I get away from this cold heart of mine? I've been feeling like I've been on the brink of dying

I don't wanna die, no no
I don't wanna die no more
And I don't wanna cry, no no
I don't wanna cry no more
So why do I keep having all these suicidal thoughts
That tell me that I'm not enough
And say that I can not go on

Maybe I'm just in a battle with myself
It's like duality
I'm tryna find my peace, but in the process, I'm in Hell
I've got anxiety from those who lied to me, and I
Always lie to myself
So maybe I'm the thing that keeps stopping me from
Getting out of this cell
And I've been stuck in this cell for a long time now
Got my head tripping out, going round and round
We can try all we want to escape this
But I've been realizing that I'm the one who made this

Oh, I don't wanna die, no no
I don't wanna die no more
And I don't wanna cry, no no
I don't wanna cry no more
So why do I keep having all these suicidal thoughts
That tell me that I'm not enough
And say that I can not go on

I don't wanna die, no no
I don't wanna die no more
And I don't wanna cry, no no
I don't wanna cry no more
So why do I keep having all these suicidal thoughts
That tell me that I'm not enough
And say that I can not go on

We've been off, yeah We've been off, yeah We've been off, yeah

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I don't wanna die no more
And I don't wanna cry, no no
I don't wanna cry no more
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That tell me that I'm not enough
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So why do I keep having all these suicidal thoughts That tell me that I'm not enough And say that I can not go on