

I don't know how to feel anymore, no
Heartbroken, I've been drowning in my sorrows
Do it to myself (Do it to myself)
Yeah I do it to myself (Do it to myself)
I don't know how to feel anymore, no
Heartbroken, I've been drowning in my sorrows
Do it to myself, I don't care about tomorrow
Sometimes I do drugs to ease the pain, now I'm hollow

Why am I always anxious?
I need help, I can't take it
Tryna put a smile on my face, can't fake it
I would say "I'm numb", but these scars weren't painless
I could look you in your face and tell that you changed
I've been on my own and on my own, I think I'll stay
When you say you love me, it's a slap right in my face
Cause your actions speak louder than the bullshit you claim
I don't know if I hate my life or I love my life
Everything's alright, I'm still hurting
I've been all alone, tryna do this on my own
Takin' drugs to ease the pain but that shit stopped working
I know that this ain't worth it
I'm so insecure and nervous
I can't even tend to find my purpose
Better off dead cause I'm not a good person

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I know
You know
I say
I know
You know
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I say
I know
You know