No time to be hurt, no time to be sad Let it all come out, let it all come out There's no time on your head No one has the time to understand

You get used to the pain
And it's tangled, kind of feeling deep inside
And we try to explain
That there's no use hanging on when something's dead

There's no time to be lost, no time to be down
Let your feelings show, let your feelings show
This time make a start
Remember, you never had a broken heart
'Cause that's the only thing you wanna do
And in no time life will come right back to you

And there's no way today
No way looking back on yesterday
And if I'm nobody's fool
How come they didn't know that love could be so cruel?

No time, no time to be hurt, no time to be sad Let it all come out, let it all come out This time make a start Remember, you never had a broken heart 'Cause that's the only thing you wanna do And in no time life will come right back to you

No time to be hurt, no time to be sad Let it all come out, let it all come out