On a bridge and I'm breathin' slow Exhale all the pain, let it go Learnin' patience 'cause time move slow When it's time, the flowers grown

'Cause on this road
You might have to travel on your own
Life ain't always kind to your soul
Sometimes you gotta carry on
Carry on, carry on, carry on
Sometimes you gotta carry on
Carry on, carry on, carry on
Sometimes you gotta carry on

In the night you hope for day You don't know how the wind may sway Through life, you've proven strong Winter, Spring, Summer, Fall

But on this road (On this road)
You might have to travel on your own
Life ain't always kind to your soul
Sometimes you gotta carry on
Carry on, carry on, carry on
Sometimes you gotta carry on
Carry on, carry on, carry on
Sometimes you gotta carry on
Carry on (Carry on), carry on, carry on
Sometimes you gotta carry on
Sometimes you gotta carry on

You gotta carry on, carry on Carry on, carry on