

# Respirate

Pinegrove

(Three, four)

In acknowledgement  
We're falling back into a dead-end routine  
You recommend I breathe  
That nothing in this world could unfurl me as completely  
A pelican  
I crash against the wind feeling elegant  
The trees beneath my feet  
The confusion rattles me and so I try to take it easy (Yeah)

I take it day by day  
And just do my best to respirate  
We're having a hard time now  
Finding a good way out

When Corona hit  
I was already feeling pretty out of it  
Frustrated with myself  
Frustrated with my fellows, all of them meant well  
But that does not allow  
For any of the things that we just talked about  
The space between the trees  
The patience that you need for real clarity to reach you, yeah

So take it day by day  
And just do your best to respirate  
You're having a hard time now  
Finding a good way out

Well me also but  
No one's gonna rescue us  
No one'll care if we spend our lives up  
But I care now  
I'm not gonna let you down