Love Yourself 2

Phora

Yeah

Why do we try to protect our hearts by pretending we don't have one?
Try to escape from my fears, but we can't run
Seems like we were drownin' from the start
And this void in my heart is still as empty as the last one
I know some people who get numb just to cope with they feelings
I know some people broke inside even though they make millions
I know some people stuck with someone they couldn't be real with
I know some people hurt themselves when they supposed to be healin'
So you hide your scars still hopin' you're worth it, but
You were born to be real, not to be perfect, look
I still question myself and I'm still searchin' for
A perfect world where none of us feel worthless, look
Music reminds me that pain is temporary
Flowers remind me that rain is necessary
I used to hold on to all of the trauma of people who weighed me down, now th
ose memories are dead and buried (Mmm)
There's beauty in lettin' go
They say if you never try, then you'll never know
I know what it's like to feel your heart gettin' cold
Like the house that you livin' in that was never home
Struggled as a kid, you was losin' focus
Scars on your body from the people closest
Pops wasn't around, teachers didn't notice
That kid walkin' through the hallways feelin' hopeless
No one notices your tears, no one notices your face
No one notices your pain, but they notice your mistakes
I know how it feels to be the one that was replaced
And I know how it feels to wear these scars that don't erase
And you feel like you alone in a crowd, uh
Yellin' as loud as you can, seems like no one's hearin' a sound
And I think I learned to get along with loneliness now
But it's just hard to let anybody close to me now
I mean, it's like nobody cares, this life just isn't fair
And someone said that we repeat what we don't repair
Sometimes we fall apart, sometimes we lose our heart
When you can't find the light, I'll sit with you in the dark

I learned to love myself when I'm tired
I learned to love myself when I'm weak
I learned to love myself when I'm incomplete
For so long I just thought I wasn't able to
And sometimes, yeah, I know it feels the same for you
Yeah, sometimes, yeah, I know it feels the same for you
Yeah, uh, sometimes

They say if you wanna fly you gotta lose everything that weighs you down
Used to get attached to those who couldn't stay around
I used to give my heart away until it faded out
Used to complain 'bout all the things I shoulda prayed about
They called me 'sinner', they put me down, but I'm God's child
Tried to be positive, I was just never taught how
I lost my confidence walkin' 'round with a dark cloud
Thinkin' no one ever loved me, why would they start now?
Forgive the people who didn't know how to love you
They were just teaching you how to love yourself, damn

And I think life hit me the hardest the day I learned I loved somebody who l
oves someone else, well
We let people in who don't deserve to stay
And forgive the ones that hurt us, made us feel betrayed
And sometimes we forget that we blessed to live another day
I'm just scared I'll never find a way
There was times darkness covered the light from my soul like an eclipse
I studied the moon and how it glows and I'm convinced
Sometimes we shine brighter in the darkness
And I learned that it's not over when you lose, it's only over when you quit
Sometimes I wanna talk to grandpa, wish that I could
Maybe I'd learn that it's okay to still be misunderstood
Maybe he'd show me how to balance out the bad with the good
Sometimes it's hard to show emotions when I know that I should, but
I hope he's proud of me although he's not around
I know his soul is in the sky, somewhere he's smilin' down
And sometimes it reminds me to breathe when I'm 'bout to drown
Sometimes I stare up at the stars and it calms me down
But I learned to thank God for what He gave me
There was a point where I thought nobody could save me
There was a point where the Devil kept tryna break me
But I picked myself up every time and that's what made me

See, I learned to love myself when I'm tired
I learned to love myself when I'm weak
I learned to love myself when I'm incomplete
For so long I just thought I wasn't able to
Sometimes, yeah, look
I said, I learned to love myself when I'm tired
I learned to love myself when I'm weak
I learned to love myself when I'm incomplete
For so long I just thought I wasn't able to
Sometimes, yeah, I know it feels the same for you

Yours Truly

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