There's a forest in my heart
No I'm not crazy
I can feel the trees
Reaching out toward the sky
But the sun is getting hard
Somehow that changes me
Maybe you have seen
How the light can leave my eyes...

There's a forest in my heart
It seems so crazy
Cause I've tried to climb
Every tree that shades my mind
But with every try I find
The branches breaking
And I'm alone and cold
Like the shadows left behind...

There's a forest in my heart
I must be crazy
To believe that I
Could climb to reach the sky
For I know that in its time
The sun will come to me
And in warmth and love
I will rise the above the sky...