Here in my hour of need
I'm lonely, forsaken again
I'm wounded and left here to bleed
With no solace from a stranger or friend
Who hears my cry to revive and restore?
One who has been here before

He's been in my shoes
Been down this road before
He's been tested, too
He's been through this door
He feels the pain and He heals the bruise
He's been in my shoes
He's been in my shoes

The union of God in a man
Is a mystery that I can't understand
And now with my suffering known
I'm reminded that I'm never alone
Who has been tried and been tempted this way?
Jesus who now hears me pray

He was a man just like me
But He lived His life blamelessly
Now I'm beginning to see
He holds my hand
He understands