

How'd you say change that way?
Why's it make me want to cry?
I practice on my walk home
I say it in the mirror
Just to show you you're not alone
Just to show you I hear you

And we change, we change
We change together
We change, we change
We change for the better
And we change, we change
We change together
We change, we change
We change

How do you look ten years from now?
Did you read that book?
Did you make them proud?
Did you practice on your walk home?
Did you say it in the mirror?
Did you show her she's not alone?
Did you ever really hear her?

And we change, we change
We change together
We change, we change
We change for the better
And we change, we change
We change together
We change, we change
We change

When it all comes crashing down
And it always will
You just gotta ask yourself
"Am I in there still?"
When it all comes crashing down
Like it always does
You just gotta find the way
That it always was

And we change (and we change)
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