

Stop and Listen

Peter Broderick

You can only be as happy as the world that you live in
And the world'll surely tell you how she's feelin' if you listen

You can listen with your eyes, you can listen with your nose
You could probably even listen with your elbows, I suppose
But you can only be as healthy as the world that you live in
And the world is gonna tell you how she's feelin' if you just stop and listen

You can only be as happy as the organs in your body
So take care of all your parts 'cause they're the only ones you got-y
Take care of you liver and take care of your spleen
They say appendixes don't have a purpose but I just think that's mean
And you can only be as healthy as the organs in your body
So take care of all those organs 'cause you know that they're the only ones you got-y

And you can only be as happy as your friends and your family

So quit actin' like you don't need 'em and start to give a damn-ly
Give a damn about your sister, give a damn about your dad
Give a damn about your dog when you can tell he's feelin' sad
'Cause you can only be as healthy as your friends and your family
So quit actin' like you don't need 'em and show 'em that you really give a damn-ly

You can only be as happy as the world that you live in
And the world'll surely tell you how she's feelin' if you listen
You can listen with your brain, you can listen with your heart
And you might just start to wish that you'd been listenin' from the start
And you can only be as healthy as the world that you live in
And the world is gonna tell you how she's feelin' if you just stop
And listen