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Spend time with the energy
Spend time with the energy
Spend time with the enemy
At college I started my own band
Then I dropped out to play shows
Found me a room where I live and rehearse
I'm pretty excited to see how it goes
Is what I would've said
To the cousins I love
At Christmas dinner when they asked me what I was up to
If I had courage left
Instead I told em I was teaching drumset
I couldn't let it
I couldn't let it
I couldn't let myself let it in
I couldn't let it
I couldn't let it
I couldn't let it
I couldn't let myself
Spend time with the energy
Spend time with the energy
Spend time with the enemy
Then when my mother pulled me aside
Looked me in the eye
Said why you saying that
You're really doin the band
Don't be ashamed of it
Back in my room
Drumming with Paul
He can rip it up like an animal
But when it was my turn
I couldn't let go
Or get out of my head
Or into the flow
I couldn't let it
I couldn't let it
I couldn't let myself let it in
I couldn't let it
I couldn't let it
I couldn't let it
I couldn't let myself
Spend time with the energy
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