I got beat up and shit my pants
Fell off this plane of existence
And found ideals that carried me through youth
I drifted deep asunder
With the memories
I'd plundered
And discovered ambiguity of truth

(Breakfast, breakfast)
Hit by a bus hitchin' a ride
(Breakfast, breakfast)
Separate us, never confide

Crest of the tried
Safer than sound
Ringing so wide
Chemistry bound
Breakfast is my bestest friend around

(Breakfast, breakfast)
I am the best I am the worst
(Breakfast, breakfast)
Embarked short-sighted, ill-rehearsed

Sociopath
Hittin' the town
Fallin' in love
Wearing a frown
Breakfast is my bestest friend around

The ballet I perform and wrote
To the chorus of "I've told you so"s
Mistress in a wedding gown
Breakfast is my bestest friend around