Underneath my skin
There's this side of me
That I don't show you, mmm
Despite how I've been
There's this thing in me
That I hide from you

Don't know, don't know, don't know why I don't wanna tell you why

Let me feel it, let me cry it
Let me take this on my own
Let me try to cry
Wanna feel it, wanna cry it
Wanna take this on my own
Let me cry, can I?

When the time is right
Then you may come back
And then ask me why
And I guess by then
I may understand, ooh
How to talk about it, oh
How to tell you

Don't know, don't know, don't know why, oh I don't wanna tell you why, yeah

Let me feel it, let me cry it
Let me take this on my own
Let me try to cry
Wanna feel it, wanna cry it
Wanna take this on my own
Let me cry, can I?

Sadness, heartache Coldness and pain Take it, talk it Sink it away Sadness, heartache Coldness and pain Take it, talk it Sink it away