

Lips move, you speak
But nothing that you're saying is connecting
Heartbeat, repeat
How do I rise if I'm falling down?
Stop before I go and hit the ground
I swear it's what I'm gonna do

How do I make myself heal, if I can't let myself in?
How do I make myself real, when I feel like fading?
'Cause no matter how I try, deep down I'm paralyzed
How do I make myself heal, if I can't let myself in?

I fall, you reach, but I'm just slipping through your fingers
I lie, but you see, without a moment looking for a reason
Burn to die, to feel more alive

How do I make myself heal, if I can't let myself in?
How do I make myself real, when I feel like fading?
'Cause no matter how I try, deep down I'm paralyzed
How do I make myself heal, if I can't let myself in?

If I heal, can I stay, or I fade away?
How do I make myself heal? (Yeah)
How do I make myself real?

No matter how I try, deep down I'm paralyzed
How do I make myself heal, if I can't let myself in?
(Oh, oh, oh
Oh, oh, oh)
If I can't let myself in
(Oh, oh, oh
Oh, oh, oh)
If I can't let myself in