

Solitude is a crucial ingredient, often, to creativity...
For some people, it is the air that they breathe

You're not perfect

You should just be yourself

You're not perfect

It's the quiet ones you gotta watch, you know that one eh? Every time you see a story about a serial killer on TV, what do they do? They bring on the neighbor, and the neighbor says "Well, he was always very quiet." And someone in the room says-

It's the quiet ones you gotta watch

This sounds to me like a very dangerous assumption

I will bet you anything that when you're watching a quiet one, a noisy one will fucking kill you...

Who you gonna watch?

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So one way to think of it is not what your life expectancy is, but what do you expect from life? And what does life expect from you? Those are more interesting questions