

1 step forward, 3 steps back

Olivia Rodrigo

Called you on the phone today
Just to ask you how you are
All I did was speak normally
And somehow I still struck a nerve
You got me fucked up in the head, boy
Never doubted myself so much
Like am I pretty? Am I fun, boy?
I hate that I gave you power over that kind of stuff

'Cause it's always one step forward and three steps back
I'm the love of your life until I make you mad
It's always one step forward and three steps back
Do you love me, want me, hate me? Boy, I don't understand
No, I don't understand

And maybe in some masochistic way
I kinda find it all exciting
Like which lover will I get today?
Will you walk me to the door or send me home cryin'?

It's one step forward and three steps back
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Do you love me, want me, hate me? Boy, I don't understand

No, it's back and forth, did I say somethin' wrong?
It's back and forth, goin' over everything I said
It's back and forth, did I do somethin' wrong?
It's back and forth, maybe, this is all your fault

Instead it's one step forward and three steps back
And I'd leave you, but the roller coaster's all I've ever had
Yeah, it's one step forward and three steps back
Do you love me, want me, hate me? Boy, I don't understand
No, I don't understand