

# all the time

Olivia O'Brien

One cigarette won't kill you  
One little pill just couldn't hurt  
It's okay in moderation  
Like Mama said about dessert

So you wash it down with a glass of wine  
And you tell yourself, it'll all be fine  
As long as you don't do it all the time (Time)  
As long as you don't do it all the time (Time)

Missin' a couple meals won't kill you (Won't kill you)  
Another drink should be okay (Be okay)  
You take the pills to help you fall asleep (Fall asleep)  
It's not like you take 'em every day

So you wash it down with a bottle of wine  
And you tell yourself, it'll all be fine  
As long as you don't do it all the time

You say, it's okay  
You'd never get addicted  
As you ask your doctor for a higher dose of your prescription  
You say, it's okay  
And there's no need to worry  
As you finish dinner, run into the bathroom in a hurry  
As long as you don't do it all the time

Now you need more than a couple  
Because the drugs no longer work  
They don't feel the way they used to  
You don't get high, you just get worse

So you wash it down with a case of wine  
And you tell yourself, it'll all be fine  
As long as you don't do it all the time (Time)  
As long as you don't do it all the time (Time)