

Like Atlas

Officium Triste

I'm staring at these white padded walls
The burden of my past got me on my knees
Like Atlas bearing the weight of the skies
An internal war in a mind with no sign of peace
Never thought this would get to me
All this pain build up inside
Experiences of sorrow that cannot be
All the fears I cannot fight
I cannot cope with the past
The pressure on my soul is too much
I lost and my mind collapsed
Overwhelmed by this degrading mental touch
The strength to live disappeared
A tormented soul in a cold shell
A future filled with pain is what I fear
A lost life on its way to hell

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I feel like Atlas but not as strong
This burden I cannot bear
I thought I could handle it all but I was wrong
Leaving me in pain and scared
I feel like Atlas but I am defeated
This burden I couldn't stand
By this life I was mistreated
In this cell my life will end