To sink or swim, the eternal debate Out on a limb, better carry the weight Out of line, out of breath Stuck inside my head And I'm still here, waiting for my wave Upstream, always against the grain So far from shore I can't swim anymore I'm caught up in the tide Living on borrowed time The current's shifting Ignored the signs but now I'm listening Keep my composure When it all comes crashing down Out of line, out of breath Stuck inside my head So far from shore I can't swim anymore I'm caught up in the tide Living on borrowed time The current's shifting Ignored the signs but now I'm listening I'm caught up in the tide I'm running out, running out of time Alone and distant, afraid and drifting Ignored the signs but now I'm listening Tough it out just a little longer Keep my head right above the water Feel it all Rise and fall Just a little longer Just a little longer Feel it all When it all comes crashing down To sink or swim, the eternal debate Out on a limb, better carry the weight Gasping for air, can't make a sound Answer my prayer before I drown Hold my ground When it all comes crashing down I'm caught up in the tide Living on borrowed time The current's shifting Ignored the signs but now I'm listening I'm caught up in the tide I'm running out, running out of time Alone and distant, afraid and drifting Ignored the signs but now I'm listening Out of line, out of breath Stuck inside my head