```
Get up shake
Get up shake
Get up
Get up
Get along with the groove
Get up
Get on the move, get along with the groove
No limit gonna blast up
No limit gonna blast up
No limit gonna blast up
Spin around the room like you got another
Na na na na na
Na na na na na
Everybody with the
Na na na na
Take me to the
Na na na na no limit
Get on the move, get along with the groove
Get on the move, get along with the groove
Spin around the room like you got no limit
Get along with the groove
Woo
Woo
Woo it's dinner time
It's lunch time
Get your pancakes on that
Put your bacon on the fiddle
Put your eggs on the griddle
Get that bacon to sizzle
Put your eggs on the griddle
Get that bacon to sizzle
Put your eggs on the griddle
Mix it up
Mix it up
Get your butter on top
Get up
Get on the move, get along with the groove
Get up
Get up
Get on the move, get along with the groove
```