

Sleep Paralysis

Nova Twins

Hello?

Hello?

Fall asleep into a nightmare
Welcome to my sadistic funfair
Birds don't sing and no one comes here
It's dark outside without you, my dear

I like it when the clouds are grey
Something's comin' in the night, it will give you a fright
I like it when I feel the pain
Something's comin' in the night, it will give you a fright

Sleep paralysis, no one's gettin' out of here
Is this reality? Livin' in a bad dream
Sleep paralysis, no one's gettin' out of here
Is this reality? Livin' in a bad dream (Oh)

It's a game that we all know
Hide and seek, but no one shows
Catch my breath and count to ten
The same nightmare over again
Cold sweat drippin' off my face
The beat of the drum sounds like my heart rate

Sleep paralysis, no one's gettin' out of here
Is this reality? Livin' in a bad dream
Sleep paralysis, no one's gettin' out of here
Is this reality? Livin' in a bad dream

Countin' down the seconds till it's here
The Boogieman is preyin' on your fears
That makes nice feelings disappear
Caught between a dream and what is real
Countin' down the seconds till it's here
The Boogieman is preyin' on your fears
Everyone around you disappears
No one's here to dry away your tears

Sleep paralysis, no one's gettin' out of here
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Wake up
Wake up