

# Sometimes

Nova Rockafeller

I've a hard time buying into me  
Call it self-hate, call it fucking disbelief  
Mind running wild, I can't get it on the leash  
And I used to drink away all this anxiety  
But I'm grown now, drinking problems ain't cute  
Walk around my house, don't know what the fuck to do  
But I'll get outta bed if it's the only thing I do  
Even if I come back here, today was not a lose

How am I? I feel like the dark  
Velvet skies, lost amongst the stars  
How are you? Can you feel the sun?  
Tell the truth, am I the only one, one, one?

Sometimes I cry, no lie  
I don't know what you want me to do  
Sometimes I'm fine, don't cry  
If I can do it, you can too

I keep telling me to go to hell  
'Cause I know all my bullshit too well  
I'm getting bored of my poor mental health  
No more SOS, need to show up for myself  
Can't see the sun, looking at the ground  
If I keep getting lost then I'll never be found  
Can't hear my thoughts, feelings screaming fucking loud  
I wake up and I'm crushed by a cloud

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I hate this, can somebody save me?  
Save me from myself  
'Cause she's fucking crazy  
Don't know what you want me to do

Sometimes I cry, no lie  
I don't know what you want me to do  
Sometimes I'm fine, don't cry  
If I can do it, you can too

(How am I? I feel like the dark  
Velvet skies, lost amongst the stars  
How are you? Can you feel the sun?  
Tell the truth, am I the only one, one, one?)