Call mayday, mayday can anyone hear me?
The only thing that I know right now
Is that I'm lost and I can't be found
I've left traces of where I've been
I won't let anybody in

I won't let anybody in
Looking back on things I did
A ghost in my own skin
Torn between holding on and learning to let go
Cause I've lost everything I've ever loved

Will I make it out?
My worlds upside down
Cause I need some help, I need some help

Call mayday, mayday
Can anyone hear me?
The only thing that I know right now
Is that I'm lost and I can't be found
(Cause I'm forever lost and never will be found)
(Cause I'm forever lost and never will be found)

Searching for the remedy
An endless feeling that won't change
Never asked for help until it's all too late

Call mayday, mayday
Can anyone hear me?
The only thing that I know right now
Is that I'm lost and I can't be found
So call mayday, mayday
Will anyone save me?
So call mayday, mayday
Cause I'm forever lost and never will be found
(Cause I'm forever lost and never will be found)
(Cause I'm forever lost and never will be found)

Wish I asked for help but now it's all too late (All too late)
Starting to drown is this the last
(Cause I'm forever lost and never will be found)
Breath I take?

Will I make it out?
My worlds upside down
Cause I need some help, I need some help

Call mayday, mayday
Can anyone hear me?
The only thing that I know right now
Is that I'm lost and I can't be found
So call mayday, mayday
Will anyone save me?
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Cause I'm forever lost and never will be found