I can't see my shadow and I don't know why
It's like I walk around all day feeling choked up the whole tim
e

Nothings changed on the surface that is
I've got a pit in my stomach
And I can't seem to climb on out if it
I've got so much on my mind these days and it's killing me
Like should I be doing something that I love so miserably
Or the ghost inside my house that haunts my family
Nothing seems to change
And I can't ever get to sleep
I hope they get some sleep

And I'm sorry
I thought that I could handle this
Apparently I can't
I should've never let you in
And I'm sorry that I brought you in my pain
Now I think you're needed here
And I can't watch you leave
So I'm sorry

My notebook is filling up with words I can not read
The language that I'm writing seems so damn foreign to me
I abbreviate my thoughts and I talk sparingly
Anxiously waiting to sleep so I can try and have a better dream

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So I'm sorry

I'm standing on the edge Pointing and laughing at me I hate to say I told you So I'll just leave me be