Been away for a minute but you're never gonna lose me I got tired of refusing Any help just to get me out of bed and keep it moving Tryna cover up the bruises

Can't help but think that we've been overdosing Tryna eat up all the serotonin Don't tell me just to live in the moment (No)

I've got a three day headache and it's all in my head Stuck on the same three things playing over again And I don't understand what's up with that I've got a three day headache and it's all in my head Stuck on the same three things playing over again And I don't understand But I'm waiting on a breakdown

La, da-da, la, da-da, la-da
La, da-da, la, da-da, da-da
La, da-da, la, da-da, la-da
La, da-da, but I'm waiting on a breakdown

Three years and I bet you're wishing that you're gonna lose me Bit off more than I can chew Getting help never seems to kill the pain, it's fucking useless (Fucking useless)

And I'm tired of tryna prove it

Can't help but think that we've been overdosing Tryna eat up all the serotonin Don't tell me just to live in the moment (No)

I've got a three day headache and it's all in my head Stuck on the same three things playing over again And I don't understand what's up with that I've got a three day headache and it's all in my head Stuck on the same three things playing over again And I don't understand But I'm waiting on a breakdown

La, da-da, la, da-da, la-da
La, da-da, la, da-da, da-da
La, da-da, la, da-da, la-da
La, da-da, but I'm waiting on a breakdown